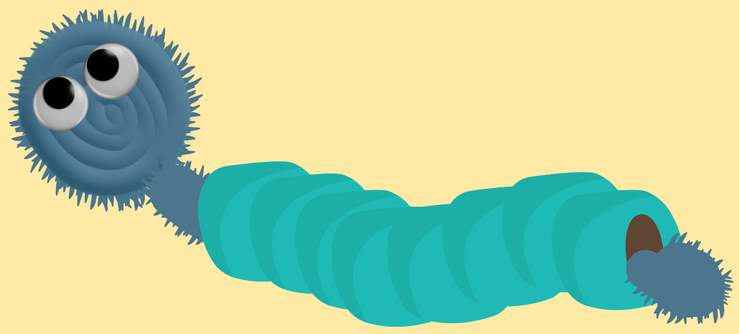
Make your own

Wiggler

Caterpillar/Tangle



This Wiggler can be used to hold, fidget with and manipulate.

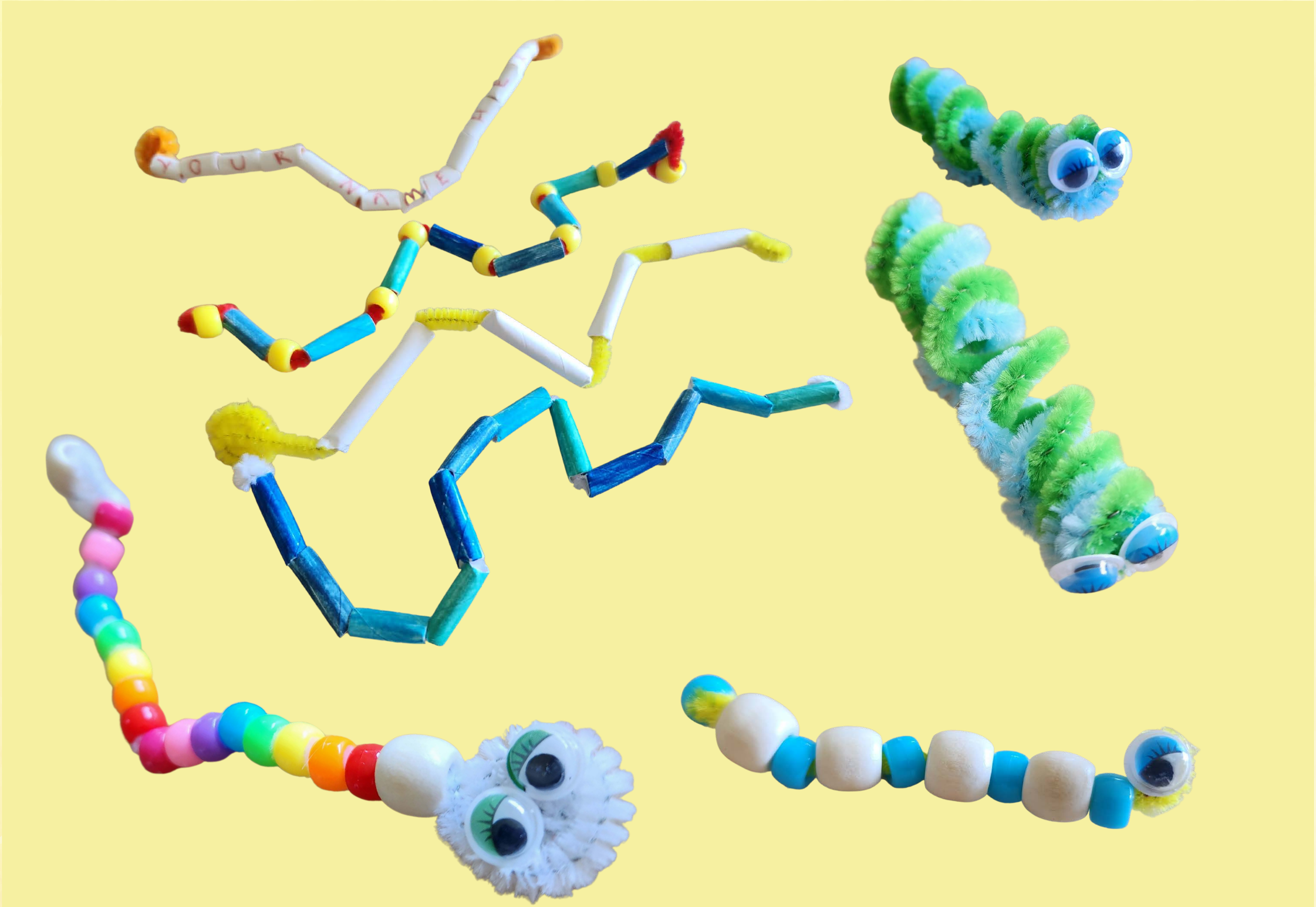
It is great to use for

focus

calming

grounding

distraction

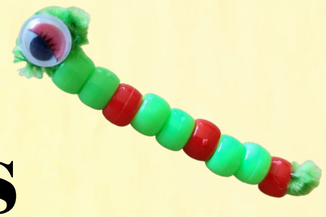

YOUR NAME HERE

Materials and equipment

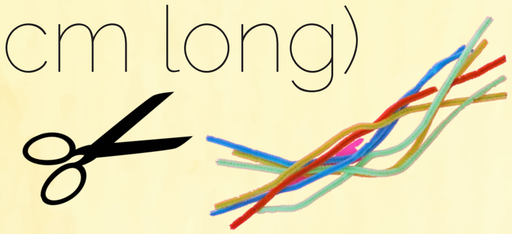
Each student needs:

- Pipe cleaner
- 6 - 10 beads
- 1 straw
- Googly eye
- PVA glue
- Scissors
- Pencils/crayons/textas

Caterpillar Steps



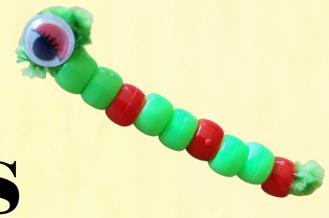
1. Cut pipe cleaner to size. (roughly 15 - 20 cm long)



2. Knot one end of the pipe cleaner several times to create a head shape.

3. **Optional:** wrap the pipe cleaner around a pencil to produce a spiral shape.

Caterpillar Steps

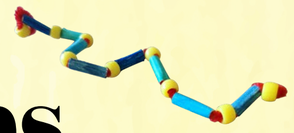


4 Thread beads onto the end of the pipe cleaner.

5 Knot the other end of the pipe cleaner to secure the beads.

6 Glue a googly eye onto the head.

Tangle Steps

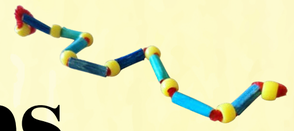


1. If you are using plain paper straws, decorate your straw using colouring in materials.

2. Cut up straws into small pieces. (roughly 2 cm each)

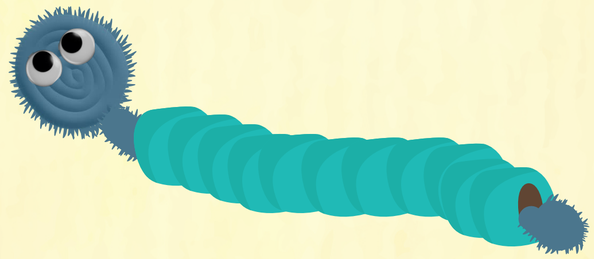
3. Knot end of the pipe cleaner several times to create a stopper.

Tangle Steps



4 Thread the straw pieces onto the pipe cleaner.

5 Knot the other end of the pipe cleaner to secure the straw pieces.

Notes

To save students needing to use scissors when creating the caterpillar, cut the pipe cleaners to size prior to the lesson.