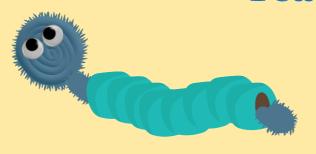
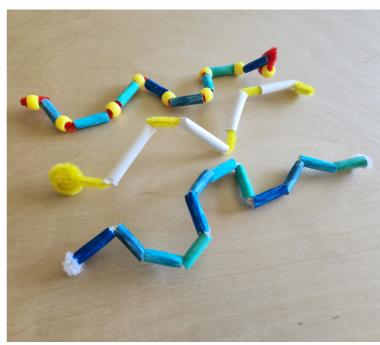
# **Early Stage One**

# Wiggler

**Teacher Guide** 







# Wiggler Teacher Guide

### **Uses & Benefits**

This Wiggler can be used to hold, fidget with and manipulate. It is great to use for focus, calming, grounding and distraction.

#### **Materials & Equipment**

#### Each student needs:

Pipe cleaner
6 - 10 beads
1 straw
Googly eye
PVA glue
Scissors
Pencils/crayons/textas

## How to make - Caterpillar

- 1. Cut pipe cleaner to size. (roughly 15 20 cm long).
- 2. Knot one end of the pipe cleaner several times to create a head shape.
- 3. Optional: wrap the pipe cleaner around a pencil to produce a spiral shape.
- 4. Thread beads onto the end of the pipe cleaner.
- 5. Knot the other end of the pipe cleaner to secure the beads.
- 6. Glue a googly eye onto the head.

## How to make - Tangle

- 1. If you are using plain paper straws, decorate your straw using colouring in materials.
- 2. Cut up straws into small pieces (roughly 2 cm each).
- 3. Knot one end of the pipe cleaner several times to create a stopper.
- 4. Thread the straw pieces onto the pipe cleaner.
- 5. Knot the other end of the pipe cleaner to secure the straw pieces.

#### **Notes**

To save students needing to use scissors when creating the Tangle, cut the pipe cleaners to size prior to the lesson.