

## Lesson: Our Five Senses

### Activity 1:

#### Warm-up: Brainstorming

1. Class to brainstorm what our senses are and how we use them.
2. [The Five Senses Visual](#) will be displayed and you will discuss each sense and how it impacts our day-to-day life.

### Activity 2:

#### Group Activity: Guessing Game

1. One student is seated in front of the class.
  2. Teacher to place an object in a bag, without any of the students seeing what the object is.
  3. The student is given a bag which holds an object of the teachers choosing.
  4. Once the student is blindfolded, they place their hand in the bag to feel for the object.
  5. Using the senses of touch, smell and sound, the student describes the object out loud using adjectives. The student holding the bag is simply allowed to give descriptive words and is not to guess what the object is, that is up to the class.
  6. Class is to determine what the object is by using only the words provided by the student up the front.
- The [Adjective List](#) will help you choose descriptive words that match the object.

### Activity 3:

#### Reflection:

- *What would have made this game easier?*
- *What words used helped you guess the right answer?*
- *How would your life be impacted if you were only able to use four of the five senses?*
- *Which of the five senses would you choose to create a superpower about? Why?*

### Activity 4:

#### **Narrating:** Improvisation

1. Class is placed into small groups (of 3 or 4)
2. Groups designate one student to be the narrator and the remaining students are to be the actors.
3. Students are given a scenario from the [Scenario Cards](#) or [Scenario Visual](#) and are to create a performance on the spot that does not include any talking, with the exception of the narrator.
4. Groups are selected one by one and are to perform in front of the class.

5. The narrator stands to the side of their actors and introduces their group giving as much detail as possible. They may choose to use the [Narrator Script](#).
6. As actors are not to speak, they are to focus on their body language and gestures.

**Activity 5:**Reflection:

- *How did you feel while acting out our performance?*
- *Was it easy or challenging to get your message across? Why?*
- *Was the performance engaging without the actors speaking?*
- *What have you learnt from this activity that might help you or someone else in other situations?*