

## Lesson: What are Values?

### Activity 1:

#### Warm-up: What are you doing?

1. Students stand in one big circle.
2. One student starts performing an action that represents an activity (brushing teeth, tap dancing, swimming).
3. The person to their left asks "What are you doing?"
4. While that person continues to, for example, brush his teeth, he says "I'm washing my car".
5. The asker must immediately start washing his car.
6. The student to the left immediately asks "What are you doing?"
7. Again the other student must continue to wash a car while he says, for example, "I'm curling my hair."
8. Students continue around the circle.
9. Students are eliminated if they hesitate, freeze up or stop what they are doing while they say what they are doing.
10. Keep playing until you are down to one student, the winner.

### Activity 2:

#### Group Activity: Class Discussion

- *What are values?*
- *Why do we need values?*
- *Which two values listed are the most important to you?*
- *Which value helps you be a good friend?*
- *If somebody is sad, which values would you show?*
- *What would it mean if someone had different values to you?*
- *If someone close to you held different values, would this impact you in any way?*
- *Why do families or friends often have similar values to each other?*
- *Do certain groups hold similar values? (sporting, cultural, school groups)*

### Activity 3:

#### Group Activity: Play Building

1. Work in groups (4-6 per group) to create a short performance (2 minutes) highlighting at least 2 of the values listed.
2. Pick a [Drama Character Card](#) to play the role of during the performance.
3. Use the [Drama Performance Planner](#) to help you:
  - identify their focus
  - brainstorm ideas
  - create a storyboard script
  - make notes about props, costumes
  - be creative!

4. Once you have filled in the Performance Planner, the groups will begin rehearsing.
5. You will have 2 drama lessons to plan, rehearse and record the performance.
6. These are the values you can choose from:
  - Courage                      - Explore                      - Determination
  - Listening                      - Gratitude                      - Compassion
  - Respect                      - Trust                      - Team player
  - Leader                      - Fairness                      - Resilience
  - Learner                      - Honesty                      - Creativity

**Activity 4:**

- *Could every person display any or all of these values regardless of where they come from, what they look like, what foods they eat or what sports team they follow? Why?*