

# **Using The Five Senses**

## **Activity 1:**

- Choose a partner.
- One of you will close your eyes or put a blindfold.
- The person who is blindfolded will be led around by their partner.
- The partner who is not blindfolded has to give the blindfolded partner directions to follow.
- Now switch so you both get a turn!

### Reflection:

- How did it feel to not be able to depend on your sight?
- What other senses did you notice were heightened?
- Were you comfortable trusting your partner and did you feel relaxed?
- What did it feel like to trust and depend on your partner? Did anyone's partner lead them astray?
- Did you work better with your partner as you developed a better way of communicating?

# Activity 2:

#### **Questions:**

- Who can remind me what our five senses are?
- If an audience did not depend on their sense of sight, how could you incorporate the other senses to make a drama performance?

# Sensory Performance Ideas:

- **Hearing** includes the different sounds you hear
- **Speech** includes the actors dialogue and narration
- **Touch** includes what might touch the actors e.g. leaves or rain
- **Smell** includes things you might be able to smell
- Find a spot on the floor to lay down and close your eyes. As you listen to the sounds think about:
- What sounds do you hear?
- What might you feel on your skin?
- What might you smell?
- What emotions might you feel being in the rainforest?
- As a class finish page one of the <u>In a Rainforest Template</u>.

# **Activity 3:**

- Make a group of 5 6.
- Pick a setting for your performance from the list.

- Plan your performance with your group. You need to plan your storyline, sound effects, dialogue and sensory elements and who is going to do each part.
- Practise your performance.
- Present your performance to the class. The audience will not be facing the audience. After each performance think about:
- What worked well? (WWW) in the performance
- Even better if... (EBI) the group used.....

# Reflection:

- How did you make sure your audience knew what was happening in the scene?
- How did you work with your group to complete this performance?
- What elements stood out for you as the audience?
- What were the main elements that created the scene?