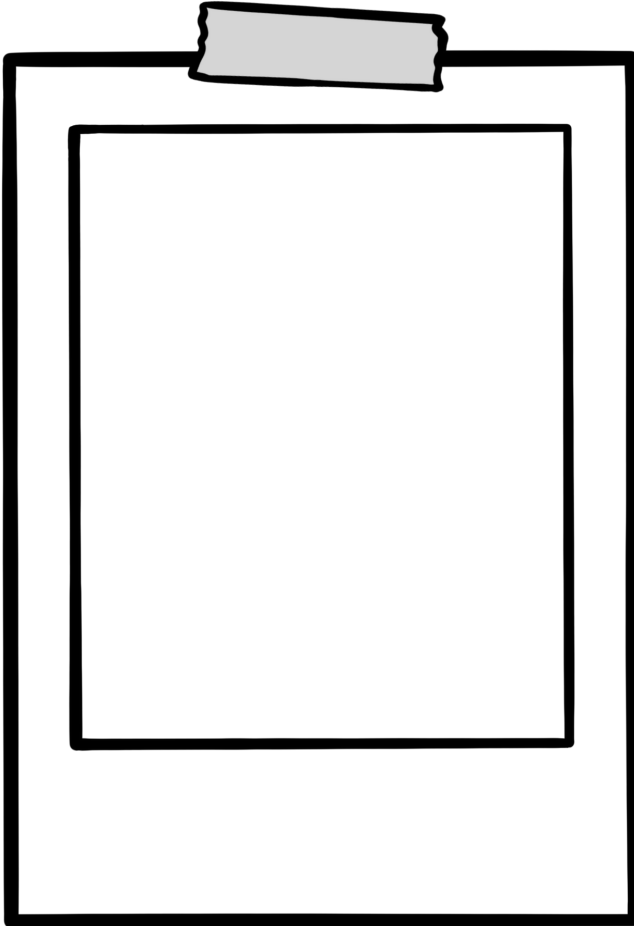


# WEIGHTED SOCK BUDDY REFLECTION

Date:

My buddy's name:



My Weighted Sock Buddy

## I CAN USE MY BUDDY

When I feel:

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When I think:

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When I want to:

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## ITEMS I INCLUDED ON MY SOCK BUDDY AND WHY

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_