

Psychosocial Recovery Coaching



Blue Sky Community Services is a registered NDIS Provider, offering mental health support through the delivery of Psychosocial Recovery Coaching.

We offer recovery coaching in person in some areas of NSW, and via phone or video Australia-wide.

blue sky
community services

Registered NDIS Provider



What is a Psychosocial Recovery Coach?

A Psychosocial Recovery Coach is an NDIS support for participants with a psychosocial disability who require additional assistance managing complex challenges of daily living.

Recovery coaches are different from support coordinators as they have specialist knowledge and skills in psychosocial recovery, mental health and service coordination within the mental health system.

How can we support you?

Blue Sky's recovery coaches draw on their mental health training and specialist skills to:

- spend time with you and the people who are important to you, to get to know you and understand your needs
- assist you to find out about different services and supports, and how these can help you
- assist you to connect with and obtain support from mental health and other services
- assist you to better understand the NDIS and support you with NDIS processes.

As a not-for-profit community service, you can rest assured we're focused on providing the best possible experience and outcomes for NDIS participants. We choose our staff very carefully, ensuring our recovery coaches are friendly, supportive and highly skilled.

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PLEASE NOTE: To avoid any perceived or actual risks of conflict of interest, Blue Sky Community Services is unable to deliver NDIS provider services on the Mid North Coast of NSW (Port Macquarie through to Catts Harbour). This is due to Blue Sky Community Services' role as an NDIS Partner delivering Local Area Coordination Services in the Mid North Coast region.