

MOMENTUM YOUTH HOUSING



The **Momentum Youth Housing Service** assists young people who are homeless or at risk of homelessness.

blue sky
community services

Momentum assists young people, aged 17 to 24 years of age, to find and keep stable and safe accommodation, to build skills for independent living, and to improve health and wellbeing.

Momentum supports young people in the Coffs Harbour, Bellingen and Nambucca areas to:

- enhance relationships with families and friends
- work on personal goals and life skills
- overcome challenges with drugs and alcohol
- connect with education and employment
- build positive relationships with landlords and real estate agents
- secure private rental accommodation
- navigate Centrelink and other government services
- access our transitional housing program.

Call us on (02) 5632 4021

Monday to Friday 9am – 4pm

Groundworks Youth and Family Hub

2/222 Harbour Drive

Coffs Harbour, NSW 2450

www.bluesky.org.au

If you need crisis or after-hours assistance please call:

Link2home 1800 152 152

Kids Helpline 1800 55 1800

Lifeline 131 450

Parent Line NSW...1300 1300 52

If you need interpreter assistance please call 1300 652 488